

DISRESPECT: Disrespectful tone, words, and actions

1. Unacceptable behavior list.

_____	_____
_____	_____
_____	_____
_____	_____

2. Consequence lists.

a. What will the consequences be for unacceptable behaviors after the signaling words and phrases are used?

_____	_____
_____	_____

b. How and when will consequences be implemented?

HOW _____

WHEN _____

3. Signaling words and phrases:

- a. "Those are not respectful words. Do you want to re-word that?" OR
- b. "That is not a respectful tone. Do you want to say that differently?"

4. Acceptable response from the child (no other words allowed or it is black and white disobedience):

- a. "Yes, Mom....."
- b. "Yes, Ma'am...."
- c. "Yes, Dad...."
- d. Other: _____

5. Two choices

- a. Go on if child became respectful after this interchange
- b. Announce "You have chosen to be disrespectful even after the warning. We will institute a consequence from the consequence list _____" (when).
- c. Other: _____

DISOBEDIENCE: Implement the NO RESPONSE RULE

1. Unacceptable behavior list.

_____	_____
_____	_____
_____	_____
_____	_____

2. Consequence lists.

a. What will the consequences be for unacceptable behaviors after the signaling words and phrases are used?

_____	_____
_____	_____

b. How and when will consequences be implemented?

HOW _____

WHEN _____

3. Signaling words and phrases:

a. "We are following the No Response Rule. What did you mean to say since you can't respond?"

b. Other: _____

4. Acceptable response from the child (no other words allowed or it is black and white disobedience):

a. "Yes, Mom....."

b. "Yes, Ma'am...."

c. "Yes, Dad...."

d. Other: _____

5. Two choices

a. Go on if child obeyed at this point. OR

b. Announce "You have chosen to continue to respond even though we are following the No Response Rule. We will institute a consequence from the consequence list _____ (when). Go ahead and do what I told you to do." (Then separate yourself from him, leaving him to CHOOSE again to obey or not obey.)

6. Double disobedience: Child "double disobeyed" if he chose to respond after you warned him AND he still didn't do what you said. This should be treated like two disobedience instances. His decision to respond means he disobeyed once. It doesn't give him the choice to also not do what you said.

FIGHTING: Using the Accusing Word Signaling Phrase and Apology

1. Unacceptable behavior list.

_____	_____
_____	_____
_____	_____
_____	_____

2. Consequence lists.

a. What will the consequences be for unacceptable behaviors after the signaling words and phrases are used?

_____	_____
_____	_____

b. How and when will consequences be implemented?

HOW _____

WHEN _____

3. Signaling words and phrases:

a. When child says someone did something to him: "No Accusing Words Allowed. Say it peacefully."

b. Offended child: "Please stop flicking me."

c. Offender: "I'm sorry. Please forgive me." OR Continue behavior.

4. If offender continues the behavior, separate him and remind him: "We have the no fighting rule. Since you broke that, we will decide on the consequence _____" (when).